

CARE 1

Budapest 9 -14 Dec 2019



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WELCOME to CARE 1, and thank you so much for joining us in this experiment. We are endlessly grateful for your time, will and curiosity to get together this week. This project was possible completely due to the genuine interest of all participants. And has been a thrilling experience on generosity to witness this gathering evolve.

NOW to start: in this booklet you will find some useful information about CARE1: general information about events, locations, topics and offers that will be happening through out the week. So go ahead, flip around the pages and get ready for a lot of care.

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Explanations about events and few agreements.

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How? Why?

Joining

FEEL free to join anything that calls your attention, or that fits on to your personal schedule.

SOME of the events are **>OPEN<** to our bigger community, meaning that you are welcome to let everyone know about it !!! So please invite your lovers, friends, family, acquaintances, more-the-humans, spirit guides...

OTHER offers due to their location have a limited space, so the amount of people fitting in it, is also restrict.

BUT as a suggestion, we would be happy to see you on our **first meeting on the 9th/Dec, Michael Simmons Lecture on the 10th/Dec and our party at AQB on the 13th/Dec.**

SPACEcare

ALL location, were warmly open for us to meet and be together, therefore, is up to us how we would like to interact, cultivate and care about the containers we are working at. Is important to say that we want them to last, and be thriving spaces for exchange, so please mind their use, and if needed feel free to help cleaning and maintaining it. We are in this together, enjoyment is always a collective state of collaboration between you / us and everything / everyone that is in the surrounding.

AT SIN we will have available two studios, a big studio called Esma with 13mx13m and 5m high, another studio called Duna for some activities with 11m x 12m and 5 m high. And a small studio called Peron, located at the basement with 12m x 5,5m and 2,5m high. During the week most of the activities will be located at Esma studio, But we can inhabit those spaces as we wish. The common area of SIN (toilets, foyer...) is a sheered space where we will probably meet other people working in the building.

LIVINGRoom EVENTS

THIS gatherings will take place at someones home, and because of that, and possible issues with neighbours, we invite you to respect their time frame, not hanging around longer than what was agreed with the hosts. And here again, cleaning after yourself and helping bringing the garbage out is more than welcome.

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Food

WE are aiming to offer a warm soup for the 10th, 11th December at Sin around noon and on the 12th at the location we will be visiting.

THE Grandma of Patrick, is also giving us some good treats at some point during the week. But nevertheless bring snacks or anything is needed for your confront.

Around SIN there are really few options for buying food:

RESTAURANTS:

Tara Karaj Hentes & Étélbar

Forgách u. 35, 1139 Budapest
Open Tuesday to Friday from 07:00 to 19:00 and Saturday from 7:00 to 15:00

Tadka House (Indian food)

Forgách u.8, 1139 Budapest
Open Monday to Saturday
From 11:30 to 20:00

Balance Étterem

Váci út 99, 1139 Budapest
Open Monday to Friday
From 8:00 to 16:00

Ta Bistro Vietnámi Étterem (Vietnamese food)

Béke u. 26, 1135 Budapest
Open Monday to Saturday
from 12:00 to 21:00

HONGKONG RESTAURANT (chinese food)

Béke u. 26, 1135 Budapest
Open Monday to Sunday
From 11:00 to 22:00

SHOPS:

TESCO (supermarket)

Béke u. 13-19, 1135 Budapest
Open Monday to Saturday from 6:00 to 22:00 and Sunday from 7:00 to 18:00

Party

OUR party has no entrance fee, and also has no bar, so bring the buzz you wanna drink and share.

Its also not allowed to smoke indoors!!!

PODcast

WE are aiming to create a podcast from the week, so we plan to record most of the content of the week as a form of documenting and keep a time capsule of CARE1. So we invite you to go ahead and record any conversation or texture you think is suitable, tag it with the day in witch you recorded and send to us at careexperiment@gmail.com. You are also free to add to our google drive any image or note you would like to share.

WHATto BRING?

ANYTHING that would make you feel comfortable, mind the nature of some activities, comfortable shoes and clothes, warm jumpers, extra clothes, snacks, water bottles, note books...

IF there is any thing you would like to propose or try feel free to organise or initiate, we have the studio Peron mostly free all the time, and few spots left at the big studio.

BE curious about people, hang out and keep a friendly spirit, if you get overwhelmed, communicate and take a rest, the week is suppose to be inspiring, and we really hope you will enjoy.

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Monday

09.12.19

SILENT STANDING
DEMONSTRATION

14:15

#a_kultura_nemzeti_alap_i_alap

Silent standing demonstration against the reform of cultural funds in Hungary, that was articulated without any consultation from artists and the scene that will be directly influenced by the new parameters of money distribution, which will go on voting at the parliament Wednesday 11.12.2019. Read the pdf Join_Us at our google drive for more info.

STAND TOGETHER

Until the end of the meeting, aprox.

17:00

EMMI

Szalay u. 10-14
1055 Budapest

DEMONSTRATION 18:00

The wave of centralisation has now reached the theatre and all other fields of culture. They plan to make absolute political loyalty a condition of any kind of subsidy. Say NO to bulldozing independent cultural life in Hungary!!!

ACT NOW

20:00

Madách Imre tér

1075 Budapest

CARE1 Kick OFF

20:30

Facilitated by: Judit Hatfaludi

Our welcome meeting , an introduction to Quakers practices. There will be just an Opening for this week, because CARE has no closure.

LIVINGroom

Host: Imre Vass

Teleki László tér 6.
2nd floor 27.
1086 Budapest

Bell: 10

23:00

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Tuesday 10.12.19

INTERNATIONAL
HUMAN RIGHTS DAY

HUMAN RIGHTS &
NON-VIOLENT RESISTANCE

11:00

Lecture and talk with:
Michael Simmons

A big gift for CARE1 at the international Human Rights Day - a lecture and talk with the international human rights activist Michael Simmons. You must be there!

>OPEN<

13:00

ESMAstudio

SIN Culture Center
Gyutacs u. 10.
1139 Budapest

BREAK

FROM PERSONAL TO
POLITICAL

15:00

Activity facilitated by:
Judit Hatfaludi and
Andrea Sztraka

Andrea Sztraka Amnesty International and Judit Hatfaludi spiritual activist workshop From Personal to Political; How our individual personal histories create a map and project onto a political, communal timeline?

ESMAstudio

SIN Culture Center
Gyutacs u. 10.
1139 Budapest

17:00

HOMEcinema

19:30

How to Start a Revolution (2011)
by Ruairid Arrow (Documentary 85min)

Ludas Matyi (1977) by Attila Dargay
(Animation 75min)

Free pop-corn!!!
Max 20 people

LIVINGroom

Host: Luca Borsos

Murányi utca 42.
1078 Budapest

Bell : Borsos / Varga

23:00

Wednesday

11.12.19

**RAVE, and
SELF-KNOWLEDGE**

10:00

Facilitated by: SelfGroove

13:00

Let's talk about rave and our mental/emotional wellbeing

Our organisation Self Groove aims to give opportunities to the participants of electronic music and club culture to deepen and enrich self-knowledge and community experience. We would like to create a living communal space for our subculture, where we can talk about difficulties in life, we can ask questions, and also ask for assistance if needed. If we have time after the discussion, we'll invite you to a playful conversation facilitated by dixit cards...

ESMAstudio

SIN Culture Center
Gytacs u. 10.
1139 Budapest

BREAK

RITE NOW!

14:00

Facilitated by A Bela Associação

RITE NOW! is a practice developed by A Bela Associação, an open and participatory field between creation, rave and ritual.

Bring costumes, objects, instruments, whatever you want as long as it means something, that is special for a sense of ritual/rite.

>OPEN<

ESMAstudio

SIN Culture Center
Gytacs u. 10.
1139 Budapest

17:00

LIVINGroom Concert

19:30

By Federico Protto

Max 30 people

LIVINGroom

Host: **Veronika Szabó and David Samló**

Karácsony Sándor utca 15,
1086 Budapest

Bell: 20

21:30

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Thursday

FULL MOON

12.12.19

FORAGING HERBS /
PERMACULTURE THINKING /
COMMUNITY GARDENING/
OUTDOORS PERFORMANCE

10:15

Facilitated by: Kinga Fatykó and
Aleksandra. Borys

Fresh air and out doors for the day.

>OPEN<

For this activity we will meet at **10:00 at Széll Kalman Tér** (end line of tram 4 and 6), from where we will be going together to **Nagykovácsi** for the day

We will take the tram 61 that departs at 10:31 to Hűvösvölgy and from there the bus 63 to Nagykovácsi. The way back we plan to take the bus at 15:10, the tram at 15:33, that will bring us back to town by 15:57.

BREAK

In case of **bad weather** (rain), this program will happen indoors at **SIN - ESMA studio**.

In case we are outdoors , bring a mug so you can have the soup we will be offering.

15:00

HAPTIC EXPERIENCES/
POST-HUMAN POLITICS
OF TOUCH/
TRAJECTORIES OF ATTENTION

18:00

Facilitated by Patrik Kelemen and
Eszter Gál

A sensorial participatory exploration and dialog, based on Plateau research of Patrik Kelemen.

Bring something you can use as a blind-fold and warm clothes. We gonna have some extra blankets.

>OPEN<

ESMAstudio

SIN Culture Center
Gyutacs u. 10.
1139 Budapest

21:00

Friday 13.12.19

WILD HERBS WILD TEAS

17:00

Facilitated by Nikoletta Szakács

What are the wild herbs we can find around town? What are their properties and how to forager them? The pleasures of blending your own tea.

DUNAstudio

SIN Culture Center
Gyutacs u. 10.
1139 Budapest

20:00

F*%&\$/&\$!*#* CARE!!!

22:33

Line up:
SOCIAL SILENCE

LÖRINC BORSOS
DIGITAL PIMP HARD AT WORK
VEIA

Worship the dance floor!!!

The Art Quarter Budapest (AQB) is home for many artists, and is also an atelier, residency and performance space. So this evening is a mixture of a venue with a living room flavour. A space worth to visit. **There are busses over night from AQB straight to the city centre.**

>OPEN<

AQB

4TH FLOOR
Nagytétényi ut. 48-50
1222 Budapest

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Saturday
14.12.19

06:00

Maintenance is care, we unravel the space together.

SIN BRUNCH

14:00

A brunch offered by SIN

SIN

Gyutacs u. 10.
1139 Budapest

15:30

**SPECULATIVE FUTURE OF
RESILIENCE ON 60 BPM.
WHAT IS LEFT?**

Facilitated by Peter Pleyer, DEEPER F.
COLLECTIVE and a Bela associação

Slow rave, time to register your sensations, emotions, impulses, wishes; recycling energies, chi kong sex and others affairs. After all, what are the impressions of a possible future of care.

>OPEN<

ESMAstudio

SIN Culture Center
Gyutacs u. 10.
1139 Budapest

19:00

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MAINvenue

SIN Culture Center

Gyutacs u. 10.
1139 Budapest

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CARE!!!*

AQB

4TH FLOOR
Nagytétényi ut. 48-50
1222 Budapest

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*CAREkick
OFF*

Teleki László tér 6.
2nd floor 27.
1086 Budapest

Bell: 10

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*LIVINGroom
CONCERT*

Karácsony Sándor utca 15,
1086 Budapest

Bell: 20

HOMEcinema

Murányi utca 42.
1078 Budapest

Bell : Borsos / Varga

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If you need any help please contact:

Marcio +49 1522 591 2606
Vass +36 70 594 1024

CARE 1 is a plot, a pilot, an experiment on community empowerment. The one week encounter that takes place in Budapest between December 9th to December 14th 2019 , focus on how we build, influence and transform our large community through the chain of our immediate affections and our ability to care. An archeological gathering of the human ecology with great attraction for a speculative future, regenerative social resilience and the dance floor.

This project has grown entirely due to the genuine interest of many people, participants open their homes, atelier, rehearsal spaces, offer their skills and time, CARE1 is becoming by the acts of generosity of everyone involved.

CARE 1

Facilities, hosting and mentoring support:



Party space support:



Travelling support:

