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C

ARE 2
A

9 - 14 MARCH
ALMADA PT

reeeeeeeeeaching

— out

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WELCOME to CARE 2, and thank you so much for joining in. We are grateful for your time, will, and curiosity to get together this week.

CARE2 is an experiment on community empowerment. The one week encounter that takes place in Almada between March 9th and March 14th 2020, focus on how we build, influence and transform our large community through the chain of our immediate affections and our ability to care. An archeological gathering of the human ecology with great attraction for a speculative future, regenerative social resilience and the dance floor.

THIS project has grown entirely due to the genuine interest of many people, participants open their homes, atelier, rehearsal spaces, associations, offer their skills and time, CARE2 is becoming by the acts of generosity of everyone involved.

NOW to start. In this booklet you will find some useful information about CARE2: general information about events, locations, topics and offers that will be happening throughout the week. So go ahead, flip around the pages, send this file to friends, and get ready for a lot of care.

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HOW?

Explanations about events and few agreements.

Page 04

WHAT?

Content guide

Page 06

WHO?

Associations and organisations involved

Page 14

WHERE?

Locations addresses

Page 15

H

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JOIIIIIIIIIIING

FEEL free to join anything that calls your attention, or that fits on to your personal schedule.

SOME events have a small donation fee - dinners, parties...- These donations are indicated at this program just next to the event. All donations go straight to the associations we will be working with, and help them to keep existing.

**ABOVE ALL, DO NOT MISS
ATROPA BELADONA#3
MARCH 14TH 2020
CARE IN FRUITION!!!**

SPAAAAAACE

ALL locations were warmly opened for us to meet, and be together, therefore, it is up to us how we would like to interact, cultivate and care about the containers we are working at. It is important to say that we want them to last and be thriving spaces for exchange, so please mind their use, and if needed feel free to help cleaning and maintaining it. We are in this together, enjoyment is always a collective state of collaboration between you / us and everything / everyone that is in the surrounding.

BRIIIIIIIING

ANYTHING that would make you feel comfortable, please always mind the nature of some activities, comfortable shoes and clothes, warm jumpers, extra clothes (in case of a messy activity), snacks, water bottles, note books, pen, pencil, patience...

BE curious about people, hang out and keep a friendly spirit, if you get overwhelmed, communicate and take a rest , the week is supposed to be inspiring, and we really hope you will enjoy it.

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FOOOOOOOOOOD

CHECK the program, food and drinks will be offered by a friendly donation price - Be mindful that whenever you will be getting food or drinks at any of the associations that are part of CARE2 , your donations automatically helps to support those spaces to keep them alive.

PODCAAAAASSTT

WE are aiming to create a podcast from the week, so we plan to record most of the content of the week as a form of documenting and keeping a time capsule of CARE2. So we invite you to go ahead and record any conversation or texture you think is suitable, tag it with the day in which you recorded and send to us at careexperiment@gmail.com . You are also free to add to our google drive any image or note you would like to share.

BUT, nevertheless **RADIO OPHELIA** will be live streaming some of the week's events.

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Monday
09.03.20

reaching-out
gather
re-mix
react

WELLCARE
PICNIC

14:00

We meet at A Casa do Burrikórnio to introduce CARE2 and then walk by the river towards Ginjal's green garden where we will have a PICNIC.

Bring snacks and food to share.

17:30

With Vera and Sara

A NEW PAGE AGO

18:00

Chaotic, anarchical, harmonic and pleasurable
A point of view on how life is generated, and organised.

We will be guided through some ideas of the writer **Casilda Rodríguez Bustos**, author of *El Asalto Al Hades* and *Parimos con Placer*.
And also engage in doing a new page by recycling old paper.

Bring old paper (with no plastic coating), seeds, leaves, fabric left overs, images, texts and plain objects. They can be used to ornament your new page.

At Burrikórnio

20:00

from

20:00 DINNER

Vegetarian dinner at
Burrikórnio.

€3,00 donation
This money helps to
support the association.

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Tuesday 10.03.20

food
feeding
fighting
power at
our
tables

UGLY FRUIT
FRUTA FEIA

14:00

At Fruta Feia

17:00

Beautiful people eat ugly fruit. About half the food produced in the world goes to waste every year. So we will be getting to know the work of this organisation and doing volunteer work, what will give us free fruits and veggies - our dinner for the day.

We can all visit but, just 4 people can stay to do the volunteer work.

from

20:00 DINNER

Vegetarian dinner at
Burrikórnio.

With TRESA &
JONNY KADAVAR
SKETCHY DISCO

21:00

At Burrikórnio

22:00

Part of the studio is covered and participants **should wear clothes that can be painted**. Jonny Kadaver will be playing an Afro/Feminist/Sensorial live set while we dance with paint. The drawings will be the traces of our dances in this sketchy disco.

Guache a water base non-toxic paint will be used in this activity.

There is no shower at Burrikórnio.

8

Wednesday
11.03.20

activism
awareness,
Listening
and
documenting
otherness

With Elizabete Francisca

EVICTED

11:30

Over Lunch, A talk with the fellow artist Elizabete Francisca, who initiated an association to protest against gentrification and evictions in Lisbon.

from

12:00 LUNCH

Vegetarian lunch at Burrikornio.

donation **€3,00**

At Burrikórnio

13:00

Screening from Left Hand Rotation documentaries, a Lisbon based collective active since 2011.

13:15

LEFT HAND ROTATION
DOCUMENTARIES

FASCÍNIO 68"

TERRAMOTOURISM 43"

15:15

At Burrikórnio

With Maria Manuela

AMPLOS

15:15

We will get to know the work of AMPLOS a parents group that fight for a more just society, by opposing all forms of discrimination. They're specially focused on informing and helping LGBTQI community and its parents.

At Burrikórnio

17:00

We will get to know Nova Vida, who helps homeless people to have a place to sleep, eat, shower and work by collecting, selling and delivering old furnitures.

20:00

With Fanā & Raul
NOVA VIDA
NEW LIFE

from

20:00 DINNER

Vegetarian dinner at Burrikórnio.

€3,00 donation

21:30

At Burrikórnio

Thursday 12.03.20

HERTZ &
BPMs.
ripples
of action
beyond
sound
systems

With Ana Rocha
Mariana T. Barros &
Márcio K. Canabarro

12:00

SOUND HEALING

At Burrikórnio

14:30

A somatic, imaginative practice of attention, where the focus in one body by a group instigates sonic and visual creation releases. This exercise was developed together with Meg Stuart/Damaged Goods.

14:30 LUNCH

Vegetarian lunch at
Burrikórnio

donation **€3,00**

from

With A BELA ASSOCIAÇÃO

16:00

RITE NOW!

At Burrikórnio

18:00

RITE NOW! is a practice developed by A Bela Associação, an open participatory field between creation, rave and ritual.

Bring costumes, objects, instruments, or anything that has some special sense of ritual/rite for you.

from

Getting to know Cretcheu a neighbour association.

20:00 DINNER

Vegetarian dinner at Cretcheu
- drink+meal+coffee

€5,00

With Mario

19:00

CRETCHOU

20:00

At Cretcheu

**DJ LATINA
TURNER &
DJ FÊMA**

21:00

At Cretcheu

23:00

Riding the flashing lights with Dj Latina Turner and Dj Fêma.

Friday
13.03.20

our
different
abilities.
skills,
stories,
and
inclusion
dynamics

Directed by Jim Hubbard
**UNITED IN ANGER:
A HISTORY OF
ACT UP** (2013)

11:30

13:30

At Burrikórnio

UNITED IN ANGER: A History of ACT UP.
Covers the birth and life of the AIDS activist movement from the perspective of the people in the trenches fighting the epidemic. The film shows the efforts of ACT UP activists and organisers to battle corporate greed, social indifference and government neglect.

from

13:30 LUNCH

Vegetarian lunch at
Burrikórnio
donation **€3,00**

We gotta dream together!!!

14:00

**POWER TO
THE NAP:
A COLLECTIVE
DREAM**

14:30

At Burrikórnio

With Diana Bastos Niepce
**ABILITY
REALNESS**

15:00

16:00

At Burrikórnio

What does consciousness mean? Will? To compete? To go beyond the limits? What do you mean? What do we mean by saying "it's not possible", or "we can do it"? How can we teach a body to do something that it has already learned, and yet failed? This is the moment of sharing the process of recovery of the dancer and acrobat Diana Bastos Niepce, following an accident that left her quadriplegic.

ATROPA HUT

16:30

At Burrikórnio

...

Releasing all our imagination, talents and imaginary talents to help creating the decoration for ATROPA BELADONA.

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Saturday
14.03.20

the
matter of
care

Gathering more seeds and spreading
our plant.
Watering this plant, with a new associative
and multi-disciplinary alliance in its roots.

Arroz Estúdios, becomes part of this hard
stalk's growth, which already includes
ADAO - Associação Desenvolvimento
Artes e Ofícios and A BELA Associação in
its original structure.

Line-up (still growing):

Arroz Estúdios-

Mapas (poetry)
DeVibe (live improv)
Senhor Santos (dj set)

A BELA Associação-

Mee_K (dj set)
Pan.demi.CK (live)
Diaba Suja (live)
TRESA (mostra)
Mariana Tengner Barros, Márcio K. Canabarro
and Imre Vass (pop-up performances)
Rádio Ophelia (live online broadcast)
Kvstvra (koztvmizd)

ADAO - Associação Desenvolvimento

Artes e Ofícios-

Peter Pain (dj set)
NADA NADA (live)
Bruno Contreira (live)
Máquina (instalação)

Vegetarian dinner will be served

!!!

ATROPA
BELADONA #3

18:00

The venue for this event is a Portuguese
Cultural Association which requires
membership. 3€ for one year. This amount will
be added to your entrance fee, in case you
are not a member. This is a normal procedure
used in all associations.

Sunday
15.03.20

06:00

**CARE IS ORGANIZED BY:
A BELA ASSOCIAÇÃO &
DEEPER F. COLLECTIVE.**

**CARE2 SPECIAL THANKS TO:
HODWORKS,
JIM HABARD &
ALL ORGANISATIONS AND
BEAUTIFUL PEOPLE INVOLVED.**

**GOT INSPIRED AND WANT CARE
AT YOUR COMMUNITY - GO FOR IT!
WE CAN HELP - REEEEEEEEEEEACH US AT**

CAREEXPERIMENT@GMAIL.COM

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WHO



A Bela Associação is a non-profit cultural association that aims to create, produce, promote, educate and organise artistic and literary events within the areas of dance, theatre, music, visual arts and conceptual gastronomy. Created in 2013, the association has produced several works by choreographer Mariana Tengner Barros, by visual artist António Mv and by musician Jonny Kadaver, organising workshops and artistic events in Portugal and South America. Since 2016, A Bela Associação has installed most of its activities (performing arts rehearsals, music production, visual arts, meetings, workshops and artists in residence) at the space A Casa do Burrikórniõ aka House of the Donkeykorn, in Cacilhas, Almada.

Fruta Feia Co-operative arises from the need to overturn the standardisation trends regarding food, which have nothing to do with its quality and safety. This project aims to fight the market inefficiency by changing consumption patterns and creating an alternative market to ugly fruits and vegetables. A market that values farmers and consumers, and that can prevent food waste as well as the unnecessary use of resources to their production.

AMPLOS is a group of parents that proposes to fight for a more just society, opposing themselves to all forms of discrimination. By the way they feel as parents, they preferably focus in fighting forms of discrimination related to sexual orientation and gender identity.

Nova Vida A civil non-profit initiative that exists for sixteen year without any governmental support to help homeless people, providing food, shelter and hygiene for many, who live on the streets.

Cretcheu -A Cape Verdean Association of Almada, once named Cretcheu Football Club, was founded on the 16th of July 1974, in the Council of Almada, parish of Cova da Piedade, by a group of cape verdean immigrants that worked in the Southern Margin of Tagus, motivated by the strong connection to their native land.

Since then, their headquarters has been a privileged space for socializing and sport exchanges, where the sounds and the creole rhythms mix with the gastronomy of the land and slightly mitigate the pain associated with the longing for the islands.

Many of their founding members left Cape Verde over two main big migratory phases (before and after the independence) and chose Portugal as their destination country. Here they saw their children and grandchildren's birth and growing up, dedicating their whole lives helping to shape a country that welcomed them and which also rightfully belongs to them. These men and women who helped Portugal grow and develop are active members in the Portuguese social fabric and must do everything to demand and guarantee, under generational solidarity, an even better future for the coming generations, in harmony with nature and society.

Arroz Estúdios is an arts space based in Beato, Lisbon. We offer an environment for creatives to work and freely express themselves.

A ADAO Association for Development of Arts and Crafts was born in 2015 in a space that served as the Headquarters of the Volunteer Fireman of the Southern and Southeast Railways for 96 years, until December 2008. Very close to the boat station that transports us from margin to margin of the river Tagus and the uneven bridge that passes over the railway, ADAO is also a station for dreams and ideas, of wills and emotions and a creative answer for an Uneven epoch. Therefore, the wide spaces and work rooms that once were the dormitories, workshops and garages of the headquarter, serve now as the cradle for creativity for visual artists, architects, musicians, performers and everyone that comes with good intentions.

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H **BURRIKÓRNIO**
Avenida Aliança Povo - MFA, 7C
2800-253
Cacilhas - Almada

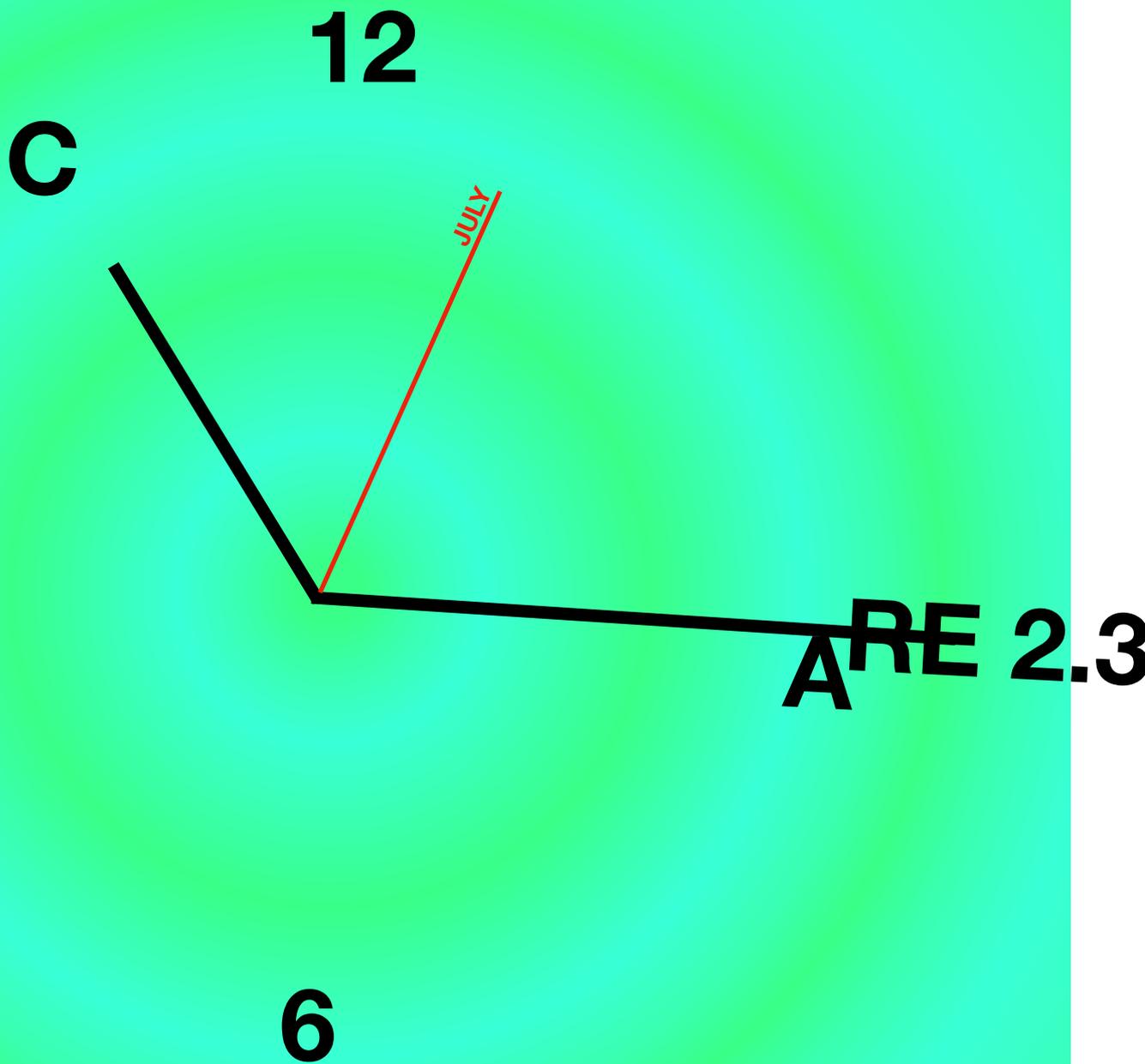
E **FRUTA FEIA**
R. Cap. Leitão 64,
2800-253
Almada

R **CRETCHOU**
R. Moçambique 1 B,
2805-012
Traseiras

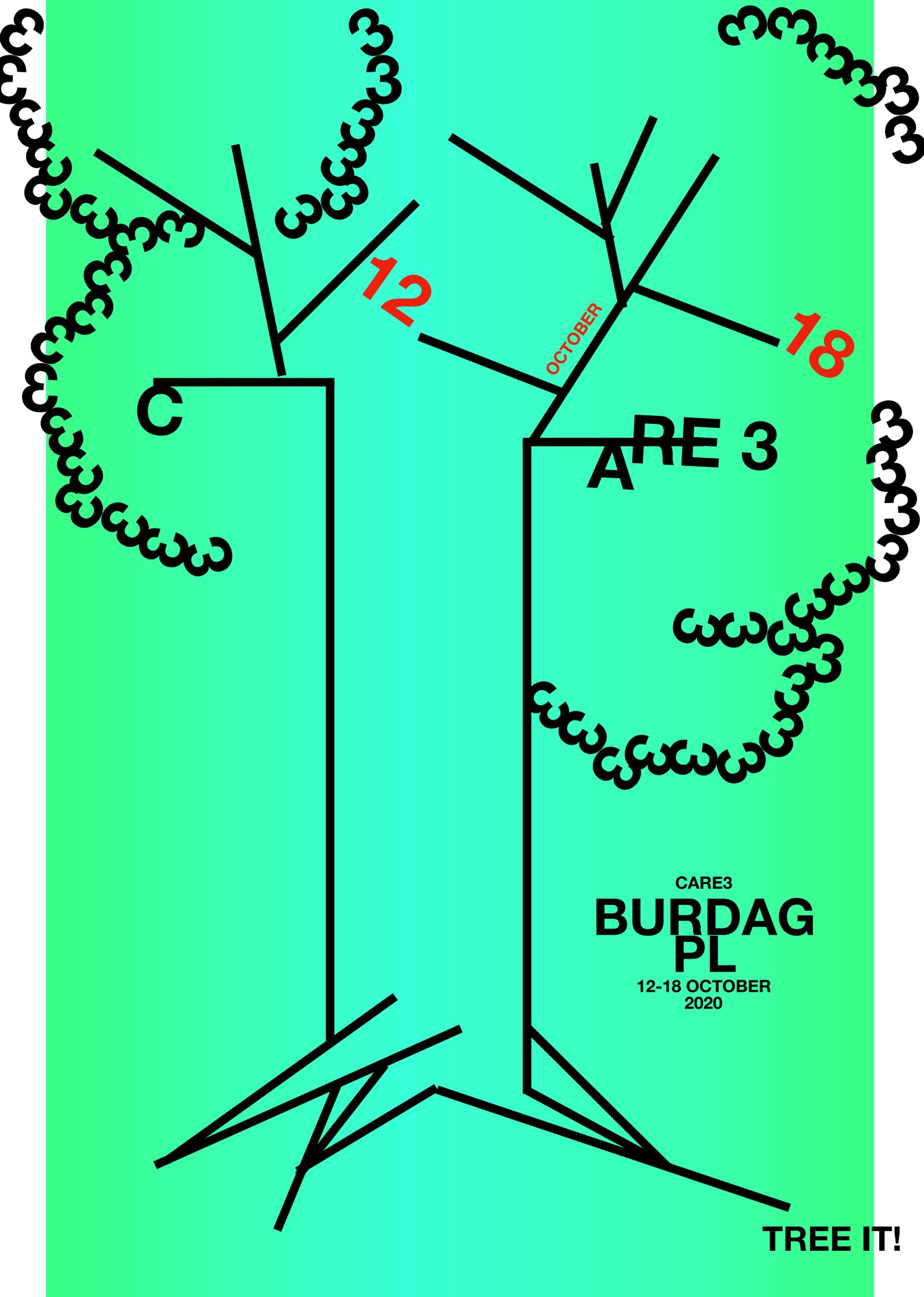
ARROZ ESTÚDIOS
R. do Ginjal 19,
2800-205
Lisboa

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CARE2.3
**LONDON
UK**
6-12 JULY
2020



THAT'S IT!



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OCTOBER

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CARE 3

CARE3
BURDAG
PL

12-18 OCTOBER
2020

TREE IT!